

SEEK MORE

FROM EACH  
MOMENT,

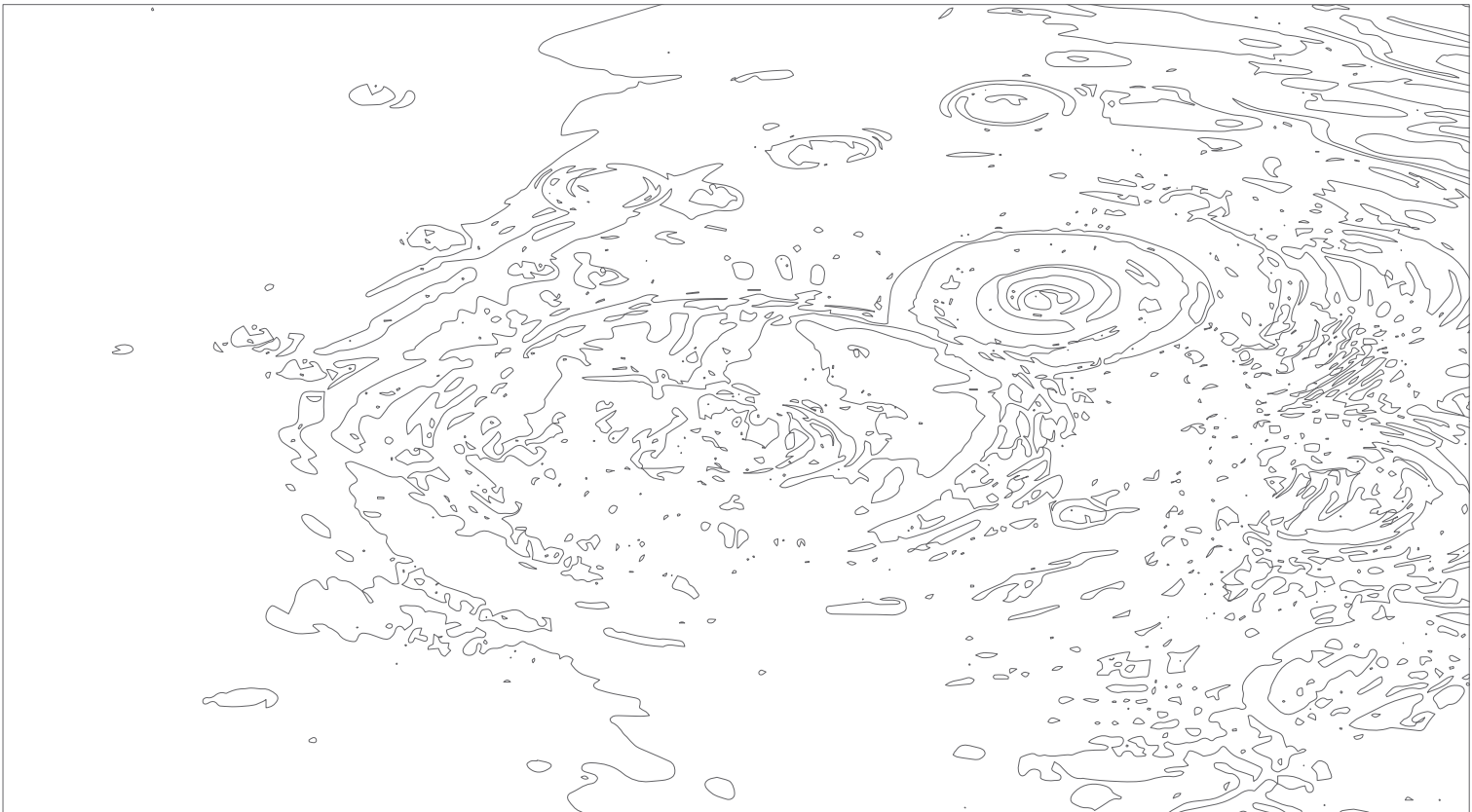
FIND REASON

TO GO INSIDE,  
FOR THERE IS

A WONDERFUL

WARMTH IN

WINTER



# WINTER

## DRINKS

<b>PEANUT BUTTER AND BANANA SMOOTHIE</b>	12.0
PEANUT BUTTER, BANANA, CACAO, HONEY, ALMOND MILK (VO, GF)	
<b>MANGO SMOOTHIE</b>	12.0
COCONUT MILK, YOGHURT, HONEY (VG, GF)	
<b>MILKSHAKES</b>	
(MILKSHAKES SERVED WITH MALT)	
VANILLA	10.0
CHOCOLATE	10.0
STRAWBERRY	10.0
NUTELLA	10.0
SALTED CARAMEL	10.0
ESPRESSO	10.0
ALTERNATIVE MILKS +1.5	
<b>COFFEE</b>	
BY INGLEWOOD COFFEE ROASTERS	
SINGLE ORIGIN ESPRESSO	4.2
SINGLE ORIGIN LONG BLACK	4.7
MILK BASED COFFEE	5.2
COLD BREW	6.5
BATCH BREW	5.2
TURMERIC LATTE	6.0
MATCHA MAIDEN LATTE	6.0
MOCHA	5.2
HOT CHOCOLATE	5.2
PRANA CHAI	7.0
DECAF +1.0	
SOY MILK +1.0	
ALMOND MILK +1.0	
COCONUT MILK +1.0	
OAT MILK +1.0	
ICED COFFEE	8.0
w/ ICE CREAM +8.5	
ICED CHOCOLATE	8.0
w/ ICE CREAM +8.5	
<b>TEA</b>	4.2
TEA BY CHAMELLIA	
ENGLISH BREAKFAST, EARL GREY, GUNPOWDER GREEN, LEMONGRASS AND GINGER, PEPPERMINT	
<b>DRINKS</b>	
KOMBUCHA	7.0
DRINKING COCONUT	7.5
COKE	4.5
DIET COKE	4.5
SPRITE	4.5
<b>JUICES</b>	
ORANGE JUICE	7.0
MANGO JUICE	7.0
APPLE JUICE	6.0

## FOOD

<b>TOAST</b>	9.5
choice of sourdough, multigrain or fruit toast w/ your choice of preserves. Gluten free +2.2   Nutella +1.0	
<b>EGGS ON TOAST</b>	13.5
free range eggs your way.	
<b>CHILLI SCRAMBLED EGGS</b>	22.0
with bacon, bird's eye chilli, coriander, cherry tomatoes, Vietnamese mint, fried shallots, parmesan on sourdough. (GFO, VGO) Add hash browns or potato rosti + 3.5	
<b>EGGS BENNY</b>	22.0
pulled braised beef brisket, two poached eggs, chipotle hollandaise, chives, sweet potato fries on thick cut sourdough.	
<b>SEEDED SMASHED AVO</b>	21.0
pumpkin and sunflower seeds, black sesame, lime, feta, pomegranates, chilli oil on thick cut multigrain. (VG, VO, GFO) Add egg + 2.5   Add bacon + 3.5	
<b>VEGAN OPTION</b>	21.0
with vegan feta. (V)	
<b>BREAKFAST BOWL</b>	21.0
quinoa, yoghurt, kale, haloumi, avocado, black dukkah, cherry tomatoes, pita chips, poached egg. Add salmon or mushrooms + 3.5 (VG, GFO, N)	
<b>SEEDED SMASHED PEAS</b>	22.0
feta, pumpkin seeds, linseeds, pinenuts, chilli, haloumi, beetroot hummus & a poached egg on sourdough. (N, VG, GFO) Add bacon + 3.5	
<b>GOJI NUT CRUNCH PORRIDGE</b>	20.0
cherry labneh, figs, quinoa, buckwheat goji nut crunch, maple syrup. (VG, N)	
<b>STRAWBERRY AND GRANOLA ACAI BOWL</b>	19.5
choice of peanut butter or nutella, acai, strawberry, banana, coconut, cocoa nibs and granola. (VG, N)	
<b>BLUEBERRY AND BANANA ACAI BOWL</b>	19.5
peanut butter, acai, blueberry, banana, coconut, hemp seeds and buckwheat granola. (V, VG, N, GF) Add Nutella (N) + 3.0	
<b>FIG AND MASCARPONE</b>	20.5
whipped mascarpone, pistachios, figs, grilled stone fruit, maple syrup served on sourdough. (VG, N)	
<b>HOTCAKES</b>	22.5
blossom hotcakes, raspberry curd, dark chocolate meringue, strawberries, freeze dried raspberries, vanilla mascarpone. (VG) Add bacon +3.5	
<b>CHICKEN SCHNITZEL ROLL</b>	19.0
parmesan herb crumbed chicken breast, iceberg, mayo & smoked cheese in a soft white roll. Add chips +4.5	

## FOOD

<b>FALAFEL SALAD</b>	22.0
quinoa, tabouli, kale, spiced chickpeas, beetroot hummus, green tahini dressing, pickled red onion, chilli. (V, VG)	
<b>MOROCCAN SPICED CHICKEN</b>	23.0
grilled chicken, cumin quinoa salad, spiced chickpea, pomegranates, kale, cucumber raita, toasted almonds, sumac. (N, GF)	
<b>KIDS MENU</b>	
<b>DIPPY EGGS AND SOLDIERS</b>	10.0
(GFO)	
<b>MINI CHEESE AND HAM OMELETTE</b>	14.0
on sourdough. (GFO, VGO)	
<b>BABY HOTCAKE</b>	14.0
with ice cream and maple syrup. (VG)	
<b>SIDES</b>	
HALOUMI (VG, GF)	5.5
HASH BROWNS (VG, V) POTATO ROSTI (VG)	5.5
BACON (GF)	5.5
SMASHED AVO AND FETA (GF, VO)	6.0
ROAST TOMATO (GF, V)	4.4
MUSHROOMS (VG, GF, V)	5.0
SMOKED SALMON (GF)	6.0
AVOCADO (VG, GF, V)	5.5
BLACK DUKKAH (N)	3.3
CHIPOTLE HOLLANDAISE (GF, VG)	4.5
TOMATO RELISH (VG)	4.5
EXTRA EGG (VG, GF)	3.5
FETA (VG, GF)	4.5
VEGAN FETA (VG, GF, V)	4.5
FRIES w/ AIOLI (VG)	10.0

GF - GLUTEN FREE | GFO - GLUTEN FREE OPTION  
VG - VEGETARIAN | VGO - VEGETARIAN OPTION  
VO - VEGAN OPTION | V - VEGAN  
N - CONTAINS NUTS

ALL FOOD IS PREPARED IN A KITCHEN WHERE NUTS, GLUTEN AND OTHER KNOWN ALLERGENS MAY BE PRESENT. OUR TEAM AND OUR SUPPLIERS TAKE CAUTION TO PREVENT CROSS-CONTAMINATION, HOWEVER, ANY PRODUCT MAY CONTAIN TRACES. IF YOU HAVE A FOOD ALLERGY, PLEASE MAKE THIS KNOWN AT THE TIME OF ORDERING.

10% SURCHARGE ON WEEKENDS.  
20% SURCHARGE ON PUBLIC HOLIDAYS.

WE ARE PROUD TO PAY OUR HARDWORKING TEAM THE AWARD WHICH IS WHY WE INCLUDE A SURCHARGE ON THESE DAYS.

NO ALTERATIONS TO MENU ITEMS. NO SPLIT BILLS ON WEEKENDS AND PUBLIC HOLIDAYS.